Fun 'n' Games

## **Gloves and Ball**



As well as developing two-handed play this game gives the helper hand practice in:

Whole hand grasping Reaching Releasing Supination

The ball sticks to the Velcro patches on the gloves. Your child should start by wearing one glove and using the other hand to hold and throw the ball.

It does not matter which hand wears the glove or throws the ball.

Both hands will practise useful skills. Your child can swap hands during the game if he/she wants to.

You can gently throw the ball to your child for him/her to catch it in the glove.



Ask your child to open his/her gloved hand and use the other hand to pull the ball free from the Velcro.



Opening and closing the hand to catch and release the ball will encourages whole hand grasp and release.



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Your child can try throwing the ball from one hand to the other hand to catch it too:







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You can also ask your child to attach the ball to one side of the glove - this can be either the front or back of the glove.

Your child can then turn his/her hand over and back to see that the ball does not fall off!





Another idea is for your child can wear both gloves and move the ball around between them.

Listen to the funny crackling sound it makes!





We hope your child has lots of fun playing with the gloves and ball!

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